




KGV

sodexo
at SCHOOL



“**MAKE YOUR VOICE HEARD**”

Every voice matters



GIVE YOUR FEEDBACK TO US



 **SCAN THIS QR CODE**

 **SPEAK TO A STAFF MEMBER**



MENU MECHANISM



All our meals are **Nuts Free**



All our eggs are **Cage Free**



Discover **Locally Made** products



Savor **Low Carbon** footprint produce



Ingredients good for **Planet & Health**



GO & ENJOY



OK BUT THINK



BE CAUTIOUS

All our menus are reviewed by our nutritionists and tailored to the nutritional requirements of specific age groups.

Our **Food Traffic Light** will guide students in making informed meal choices.

ALLERGEN ALERT & FOOD ICONS



ALLERGEN DAIRY



ALLERGEN EGG



VEGETARIAN



VEGAN



MILD SPICY

A Healthy and Balanced Diet Every Day!





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Sodexo Hong Kong Website



Sodexo Instagram

DISCLAIMER:

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood. While we take every precaution to minimize cross-contamination within our kitchens, it may arise due to factors beyond our control and could alter the accuracy of allergen information provided.

Nov 24 - 28

WEEKLY MENU

sodexo

24/11 Monday









25/11 Tuesday

26/11 Wednesday

27/11 Thursday

28/11 Friday







SOCIAL KITCHEN | Monday: 10:30am - 1:30pm (Lunch: 11:30 - 1:30pm); Tuesday to Friday: 10:30am - 2:30pm (Lunch: 11:30am - 2:30pm)

Meal A \$41 Takeaway \$38 Dine-in		Braised Chicken in Creamy Sweetcorn Sauce w/ Rice 	Thai Massaman Curry Beef w/ Rice Or Pita Bread 	Grilled Chicken Steak in Onion Sauce w/ Rice	Chicken Fricassee w/ Rice 
Meal B \$41 Takeaway \$38 Dine-in		Tomato & Pork Stew Macaroni	Braised Chicken w/ Assorted Mushroom & Leek in Black Bean Sauce, Rice	Braised Beef Brisket w/ Radish, Rice	Beef Bourguignon w/ Rice OR Linguini
Meal C \$38 Takeaway \$35 Dine-in		(Vegan) Braised Eggplant & Omni-Meat w/ Rice 	(Vegan) Italian Cannellini Bean Stew w/ Spaghetti 	(Vegan) Trio Tomato Penne 	(Vegan) Assorted Organic Veggie Ratatouille w/ Rice OR Linguini  

BOWL | Monday to Friday: Break 10:55am - 11:15am/ Monday: Lunch 12:00nn - 1:15pm; Tuesday to Friday: Lunch 1:15pm - 2:15pm

Bowl \$41		Stir-fried Flat Rice Noodle w/ Beef in Gravy 	Japanese Char Siu Ramen (Pre-order Available) 	Tteok-Bokki	Zha Jiang Mian
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LEO'S Café | Monday: 7:00am - 3:00pm; Tuesday to Friday: 7:00am - 4:00pm

Salad Box \$36		(V) Japanese Cold U-don in Sesame Dressing  	(V) Mediterranean Chopped Salad in Italian Dressing  	Grilled Bacon Caesar  	Tuna Nicoise 
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PIAZZA PIZZA | Monday: 12:00pm - 1:15pm; Tuesday to Friday: 1:00pm - 2:15pm

Pizza A \$30		Pepperoni & Cheese 	Chicken & Mushroom 	Bacon & Cheese 	Meat Lover 
Pizza B (Vegetarian) \$30		Marinara  	Margherita  	Marinara  	Trio Cheese  



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Allergens and descriptive icons are displayed on our daily menu,
helping students to make informed dietary choicesFrom cage-free eggs to low-carbon footprint produce,
sustainability is incorporated throughout our menus

Nov 24 - 28

WEEKLY MENU

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24/11 Monday				25/11 Tuesday			26/11 Wednesday			27/11 Thursday			28/11 Friday		
Nutrition Information (per 100g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)
Meal A				Braised Chicken in Creamy Sweetcorn Sauce w/ Rice			Thai Massaman Curry Beef w/ Rice Or Pita Bread			Grilled Chicken Steak in Onion Sauce w/ Rice			Chicken Fricassee w/ Rice		
				152	11	6	156	7	8	177	9	5	164	8	9
Meal B				Tomato & Pork Stew Pasta			Braised Chicken w/ Assorted Mushroom & Leek in Black Bean Sauce, Rice			Braised Beef Brisket w/ Radish, Rice			Beef Bourguignon w/ Rice OR Pasta		
				157	11	6	110	5	4	124	10	5	192	15	10
Meal C				(V) Braised Eggplant & Omni-Meat w/ Rice			(V) Italian Cannellini Bean Stew w/ Pasta			(V) Trio Tomato Pasta			(V) Assorted Organic Veggie Ratatouille w/ Rice OR Pasta		
				194	9	9	120	6	2	150	5	3	103	3	2
Bowl				Stir-fried Flat Rice Noodle w/ Beef in Gravy			Japanese Char Siu Ramen (Pre-order Available)			Tteok-Bokki			Zha Jiang Mian		
				172	9	5	211	12	12	188	5	9	168	6	9
Salad Box				(V) Japanese Cold U-don in Sesame Dressing			(V) Mediterranean Chopped Salad in Italian Dressing			Grilled Bacon Caesar			Tuna Nicoise		
				165	10	5	150	2	11	196	10	13	109	6	6



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